Date: MARCH 21st 2019

THURSDAY EVENING


5:00 PM – 6:00 PM  Registration - Exhibitor Display – Networking Reception – Buffet Dinner

6:00 PM – 7:00 PM  Panel:

Child Psychiatrist Perspective:  Mark Chenven, M.D. DFAACAP, DFAPA
Executive Medical Director- Vista Hill Foundation
Smart Care Behavioral Health Consultation Services

Pediatric Perspective:  Hilary M. Bowers, M.D. FAAP
Director of Behavioral and Mental Health Services
Children’s Primary Care Medical Group

Stephen Carson, M.D.
Medical Director-Children’s Healthcare Medical Associates

Psychotherapist Perspective:  Angie Rosenberg, LMFT, MAT
President- California Association of Marriage & Family Therapist
SD Chapter

Child Psychologist Perspective:  Abby Brewer Johnson, Ph.D.
Chair, Child Youth Committee San Diego Psychological Association

7:00 PM – 8:00 PM  Case #1:  Complex Mood Disorder Presentation – Adolescent

a. Case Review
b. Tabletop Dialogue
c. Group Dialogue

8:00 PM – 9:00 PM  Case #2:  Complex Disruptive Behavior Disorder--Child

a. Case Review
b. Tabletop Dialogue
c. Group Dialogue

9:00PM – 9:15PM  Closing Statement/Discussion by Course Director  – Mark Chenven M.D

Please Click on the Arrows Below for the rest of the Agenda
Date: MARCH 22nd 2019

FRIDAY

7:00 AM – 8:00 AM    Continental Breakfast
Registration / Exhibitor Displays.

8:00 AM – 8:30 AM    Introduction by Course Directors:

Anoop Karippot, M.D. DFAPA, FAASM, DFAACAP
President- California Sleep Society
Chairman- Dept. of Psychiatry, Scripps Mercy Hospital, San Diego
Chair- Child & Adolescent Psychiatry section, San Diego Psychiatry Society
Outgoing President- San Diego Academy of Child and Adolescent Psychiatry

Mark Chenven, M.D. DFAACAP, DFAPA
Executive Medical Director- Vista Hill Foundation
Smart Care Behavioral Health Consultation Services
Assembly Delegate- San Diego Academy of Child and Adolescent Psychiatry

8:30 AM – 10:00 AM    Torn Apart: How Our Immigration System is Affecting Families
Brief Overview of Immigration Laws and How They Impact Our Children

Mariela G. Shibley, Ph.D.
Clinical Psychologist
Bicultural Immigration Assessment/ Intervention Specialist

Discussant: Jean Guerrero
KPBS Border Reporter
Author: Crux: A Cross Border Memoir

10:00 AM – 10:30 AM    Break – Visit Exhibitors

10:30 AM - 12:00 PM    iGen: Understanding the Smartphone Generation
Trends Shaping the Mental Health and Development of Adolescents and Young Adults

Jean Twenge, Ph.D., M.B.A.
Professor of Psychology, San Diego State University
Author: The Me Generation

Discussant: Jeff Rowe M.D., DFAACAP
Associate Clinical Professor, UCSD
Fellow, Child Trauma Academy

12:00 PM – 1:00 PM    Lunch Buffet - Tent and Outside Tables
BREAKOUT SESSIONS

This special arrangement is designed to meet professional’s requirement for an advanced training in a small group format with a “hands-on” approach and/or demonstration.

1:00 PM - 2:00 PM  BREAKOUT SESSION - A

Breakout A-I
Impact of Sleep Disorders in Children and Adolescents
Anoop Karippot, M.D., DFAPA, FAASM, DFAACAP
President, California Sleep Society
Chair, Child & Adolescent Psychiatry section, San Diego Psychiatry Society
Ankita Nair. Student, University of California, Los Angeles.

Moderator: Rebecca Bierman, D.O.  Child & Adolescent Psychiatrist

Breakout A-II
Best Interest of the Child: How to Minimize Collateral Damage During High Conflict Divorce
Susan Griffin, MS, MA, LMFT, CADC-CS, DOT-SAP
Founder & Executive Director, Hannah’s House
Author: Co-Parenting for the Sake of the Kids & Parents are Forever

Moderator: Shelle Wisdom-Lazar, LCSW

Breakout A- III
Why Not Pot? A Critical Examination of Contemporary Cannabis Controversies
Kai MacDonald, M.D., FACP
Diplomat, American Board of Psychiatry and Neurology
Addiction Medicine Specialist
Asst. Clinical Professor, UCSD School of Medicine, Dept. of Psychiatry and Family Medicine

Moderator: Mark Chenven, M.D. Child & Adolescent Psychiatrist

Breakout A- IV
Riding the Crimson Wave: Menstrual Disorders & Mental Health in Adolescents
Maya Kumar, M.D., FAAP, FRCPC
Adolescent Medicine Pediatrician
Asst. Professor, UCSD School of Medicine, Dept. of Pediatrics

Moderator: Jason Schweitzer, M.D. Child & Adolescent Psychiatrist

Breakout A-V
The Power of Threat Assessment in Today’s Schools
Andrija Lopez, J.D.
Barbara Higgins, M.A.
Jim Crittenden, B.A.
San Diego Unified Threat Assessment Team

Moderator: Jeff Rowe, M.D., Child & Adolescent Psychiatrist

2:00 PM to 2:15 PM: Break: Tea /Coffee – Networking
Breakout B-I  
**CBT-I: Cognitive Behavioral Therapy for Insomnia & Sleep Disorders**  
Anoop Karippot, M.D. DFAPA, FAASM, DFAACAP  
President, California Sleep Society  
Chair, Child & Adolescent Psychiatry section, San Diego Psychiatry Society  
*Moderator: Rebecca Bierman, D.O. Child & Adolescent Psychiatrist*

Breakout B-II  
**Who am I? How to Provide Affirming Support to Transgender and Gender-Nonconforming Youth**  
Huong Diep, Psy.D.  
Specialist, Intersection of Gender, Identity & Culture  
Trainer, SDSU School of Social Work, Academy of Professional Excellence  
*Moderator: Annette Conway, Psy.D.*

Breakout B-III  
**From SafeTAY to Trauma Informed Care: Support, Resources and Mental Health Care for Unsheltered Youth**  
Vanessa Arteaga, MA, LMFT  
Program Manager, TAY Academy – San Diego Youth Services  
Priti Ojha, M.D.  
Associate Physician, UCSD Dept. of Psychiatry  
*Moderator: Jason Schweitzer, M.D., Child & Adolescent Psychiatrist*

Breakout B-IV  
**Play Therapy: Seriously Effective Assessments/Intervention for Attachment & Emotional Regulation**  
Kathryn De Bruin, MA, LMFT  
Emotionally Focused Therapy Trainer  
Registered Play Therapy Supervisor  
*Moderator: Mary Puntenney, LMFT, LPCC, RPT*

Breakout B-V  
**A Child’s Journey: Supporting Children and Teens When a Loved One Dies**  
Melissa Lunardini, M.A.  
Children’s Bereavement Manager, The Elizabeth Hospice  
*Moderator: Nasim Bavar, MS, MA, LMFT*

3:15 PM to 3:30 PM: **Break: Tea/Coffee – Networking.**
CLOSING PLENARY

3:30 PM - 4:30 PM  Imagination to the Rescue: How To Use Superheroes to Heal Trauma and Empower Kids of All Ages.

Janina Scarlet, PhD
San Diego Center for Stress & Anxiety Management
Author: Superhero Therapy. Happy Potter Therapy. Therapy Quest.

4:30 PM - 5:00 PM  CLOSING STATEMENTS / WRAP UP

Course Directors:
Anoop Karippot, MD, DFAACAP
Mark Chenven, MD, DFAACAP

Information Regarding CME and CEU Certificates

CEs Accreditation
California Association of Marriage and Family Therapists San Diego (CAMFT- SD Chapter) is approved by the California association of marriage and family therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs. CAMFT-SD Chapter maintains responsibility for the program and all its contents. This course meets the qualifications for 9 hours of continuing education.

CME’s Accreditation
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Psychiatric Association (APA) and San Diego Psychiatric Society. The APA is accredited by the ACCME to provide continuing medical education for physicians.

-Designation Statement
The APA designates this live activity for a maximum of 9 AMA PRA Category 1 Credit TM. Physicians should claim only the credit commensurate with the extent of their participation in the AMA PRA Category 1 Credit activity."