

Date: MARCH 21st 2019.

THURSDAY EVENING

***Managing Behavioral Health Problems Across Disciplines: How Can Pediatricians,
Therapist and Child Psychiatrists Work Together?***

5:00 PM – 6:00 PM Registration - Exhibitor Display – Networking Reception – Buffet Dinner

6:00 PM – 7:00 PM Panel:

Child Psychiatrist Perspective: **Mark Chenven, M.D. DFAACAP, DFAPA**
*Executive Medical Director- Vista Hill Foundation
Smart Care Behavioral Health Consultation Services*

Pediatric Perspective: **Hilary M. Bowers, M.D. FAAP**
*Director of Behavioral and Mental Health Services
Children’s Primary Care Medical Group*

Stephen Carson, M.D.
Medical Director-Children’s Healthcare Medical Associates

Psychotherapist Perspective: **Angie Rosenberg, LMFT, MAT**
*President- California Association of Marriage & Family Therapist
SD Chapter*

Child Psychologist Perspective: **Abby Brewer Johnson, Ph.D.**
Chair, Child Youth Committee San Diego Psychological Association

7:00 PM – 8:00 PM Case #1: Complex Mood Disorder Presentation – Adolescent

- a. Case Review
- b. Tabletop Dialogue
- c. Group Dialogue

8:00 PM – 9:00 PM Case #2: Complex Disruptive Behavior Disorder--Child

- a. Case Review
- b. Tabletop Dialogue
- c. Group Dialogue

9:00PM – 9:15PM Closing Statement/Discussion by Course Director – Mark Chenven M.D

Please Click on the Arrows Below for the rest of the Agenda

Date: MARCH 22nd 2019.

FRIDAY

7:00 AM – 8:00 AM Continental Breakfast
Registration / Exhibitor Displays.

8:00 AM – 8:30 AM Introduction by Course Directors:

Anoop Karippot, M.D. DFAPA, FAASM, DFAACAP

President- California Sleep Society

Chairman- Dept. of Psychiatry, Scripps Mercy Hospital, San Diego

Chair- Child & Adolescent Psychiatry section, San Diego Psychiatry Society

Outgoing President- San Diego Academy of Child and Adolescent Psychiatry

Mark Chenven, M.D. DFAACAP, DFAPA

Executive Medical Director- Vista Hill Foundation

Smart Care Behavioral Health Consultation Services

Assembly Delegate- San Diego Academy of Child and Adolescent Psychiatry

8:30 AM – 10:00AM **Torn Apart: How Our Immigration System is Affecting Families**
Brief Overview of Immigration Laws and How They Impact Our Children

Mariela G. Shibley, Ph.D.

Clinical Psychologist

Bicultural Immigration Assessment/ Intervention Specialist

Discussant: Jean Guerrero

KPBS Border Reporter

Author: Crux: A Cross Border Memoir

10:00 AM – 10:30 AM Break – Visit Exhibitors

10:30 AM - 12:00 PM **iGen: Understanding the Smartphone Generation**
Trends Shaping the Mental Health and Development of Adolescents and Young Adults

Jean Twenge, Ph.D., M.B.A.

Professor of Psychology, San Diego State University

Author: iGen: Why Today's Super-Connected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy- and Completely Unprepared for Adulthood- and What That Means for the Rest of Us.

Author: The Me Generation

Discussant: Jeff Rowe M.D., DFAACAP

Associate Clinical Professor, UCSD

Fellow, Child Trauma Academy

12:00 PM – 1:00 PM Lunch Buffet - Tent and Outside Tables

BREAKOUT SESSIONS

This special arrangement is designed to meet professional's requirement for an advanced training in a small group format with a "hands-on" approach and/or demonstration.

1:00 PM- 2:00 PM BREAKOUT SESSION - A

Breakout A-I

Impact of Sleep Disorders in Children and Adolescents

Anoop Karippot, M.D., DFAPA, FAASM, DFAACAP

President, California Sleep Society

Chair, Child & Adolescent Psychiatry section, San Diego Psychiatry Society

Ankita Nair. Student, University of California, Los Angeles.

Moderator: Rebecca Bierman, D.O.

Breakout A-II

Best Interest of the Child: How to Minimize Collateral Damage During High Conflict Divorce

Susan Griffin, MS, MA, LMFT, CADC-CS, DOT-SAP

Founder & Executive Director, Hannah's House

Author: Co-Parenting for the Sake of the Kids & Parents are Forever

Moderator: Shelle Wisdom-Lazar, LCSW

Breakout A- III

Who am I? How to Provide Affirming Support to Transgender and Gender-Nonconforming Youth

Huong Diep, Psy.D.

Specialist, Intersection of Gender, Identity & Culture

Trainer, SDSU School of Social Work, Academy of Professional Excellence

Moderator: Annette Conway, Psy.D.

Breakout A- IV

Riding the Crimson Wave: Menstrual Disorders & Mental Health in Adolescents

Maya Kumar, M.D., FAAP, FRCPC

Adolescent Medicine Pediatrician

Asst. Professor, UCSD School of Medicine, Dept. of Pediatrics

Moderator: Jason Schweitzer, M.D. Child & Adolescent Psychiatrist

Breakout A- V

Why Not Pot? A Critical Examination of Contemporary Cannabis Controversies

Kai MacDonald, M.D., FACP

Diplomat, American Board of Psychiatry and Neurology

Addiction Medicine Specialist

Asst. Clinical Professor, UCSD School of Medicine, Dept. of Psychiatry and Family Medicine

Moderator: Mark Chenven, M.D. DFAPA, DFAACAP, Child & Adolescent Psychiatrist

2:00 PM to 2:15 PM: Break: Tea /Coffee – Networking

Breakout B-I

CBT-I: Cognitive Behavioral Therapy for Insomnia & Sleep Disorders

Anoop Karippot, M.D. DFAPA, FAASM, DFAACAP

President, California Sleep Society

Chair, Child & Adolescent Psychiatry section, San Diego Psychiatry Society

Moderator: Rebecca Bierman, D.O.

Breakout B- II

A Child's Journey: Supporting Children and Teens When a Loved One Dies

Melissa Lunardini, M.A.

Children's Bereavement Manager, The Elizabeth Hospice

Moderator: Nasim Bavar, MS, MA, LMFT

Breakout B-III

From SafeTAY to Trauma Informed Care: Support, Resources and Mental Health Care for Unsheltered Youth

Vanessa Arteaga, MA, LMFT

Program Manager, TAY Academy – San Diego Youth Services

Priti Ojha, M.D.

Associate Physician, UCSD Dept. of Psychiatry

Moderator: Jason Schweitzer, M.D., Child & Adolescent Psychiatrist

Breakout B-IV

Play Therapy: Seriously Effective Assessments/Intervention for Attachment & Emotional Regulation

Kathryn De Bruin, MA, LMFT

Emotionally Focused Therapy Trainer

Registered Play Therapy Supervisor

Moderator: Mary Puntteney, LMFT, LPCC, RPT

Breakout B-V

The Power of Threat Assessment in Today's Schools

Andrija Lopez, J.D.

Barbara Higgins, M.A.

Jim Crittenden, B.A.

San Diego Unified Threat Assessment Team

Moderator: Jeff Rowe, M.D., DFAPA

CLOSING PLENARY

3:30 PM- 4:30 PM

Imagination to the Rescue: How To Use Superheroes to Heal Trauma and Empower Kids of All Ages.

Janina Scarlet, PhD

San Diego Center for Stress & Anxiety Management

Author: Superhero Therapy. Happy Potter Therapy. Therapy Quest.

4:30 PM - 5:00 PM

CLOSING STATEMENTS / WRAP UP

Course Directors:

Anoop Karippot, MD, DFAACAP

Mark Chenven, MD, DFAACAP