

CICAMH 2018 Distinguished Speakers



Lisa Boesky, PhD

Dr. Lisa Boesky is a clinical psychologist, national speaker, expert witness, consultant, and author of several books, including *When to Worry: How to Tell If Your Teen Needs Help—and What to Do About It*. She has been interviewed by Anderson Cooper, Bill O'Reilly, CNN, CNN International, Fox News, ABC News, CBS News, NPR, and in print by *USA Today*, *US News & World Report*, and *People Magazine* among others. Dr. Boesky specializes in suicide among young people and has worked with challenging and dangerous youth in psychiatric hospitals and juvenile justice facilities. In addition to providing high-energy and content-filled presentations to professionals across the country, she consults on issues related to suicide, and serves as an expert witness on legal cases related to suicidal youth. Find out more at www.TroubledTeenExpert.com.

Jason Schweitzer, MD

Dr. Schweitzer is an Assistant Clinical Professor in the Department of Psychiatry at the University of California, San Diego. He worked in several not-for-profit agencies serving the Latino community in Boston, focusing on substance abuse treatment, peer group advocacy and non-profit administration, and completed a Master's degree in Social Work at Columbia University in New York. During medical school, he had the opportunity to work with the mental health team at Boston Healthcare for the Homeless through a grant from the Albert Schweitzer Foundation. He received the Leonard Tow Humanism in Medicine Award, completed three years of adult psychiatry training at Harvard Longwood Psychiatry Residency Training Program, won an Outstanding Resident Teacher award from the Harvard Medical School student body in 2013, and was co-author on a paper describing the reverse co-location model of the integration of psychiatry and primary care medicine.



Gabrielle A. Carlson, MD



Dr. Carlson, Professor of Psychiatry and Pediatrics at Stony Brook University since 1985, founded and directed the Division of Child and Adolescent Psychiatry until 2013. She trained at Cornell University, Washington University – St. Louis, National Institutes of Mental Health and UCLA's Division of Child and Adolescent Psychiatry. Dr. Carlson has written over 250 papers and chapters on phenomenology and treatment of child and adolescent depression and bipolar disorder. Dr. Carlson's awards include the APA's Ittleson Award for Research, the McGavin Award for Prevention, AACAP's Virginia Q. Anthony Outstanding Woman Leader award, and the American Psychopathological Association's Zubin Award for her contributions to psychopathology research. Dr. Carlson is past president of the International Society for Research in Child and Adolescent Psychopathology, past chair of the American Academy of Child and Adolescent Psychiatry's Program Committee, just completed three years on the Academy's Council, and is now its president-elect.

Glen R. Elliott, PhD, MD



Dr. Elliott is a child and adolescent psychiatrist with over 30 years of working with children and adolescents who have severe psychiatric and behavioral disturbances that might respond to appropriate medications. In 2006, he authored *Medicating Young Minds: How to Know If Psychiatric Drugs Will Help or Hurt Your Child*, which embodies his philosophy that “the decision to use or not to use medications is a serious one with both immediate and long-term implications, so parents need to be able to work closely with an expert to decide what is best for their child.” Beyond medications, he is an expert in diagnosing and treating ADHD, Autism Spectrum Disorder (ASD) and the related behavioral problems that often complicate lives of those with ASD, and anxiety and depression. Before joining Children's Health Council, Dr. Elliott was Director of the Children's Center at Langley Porter Psychiatric Institute, University of California, San Francisco for over 17 years. He also is Associate Training Director for the Stanford Child and Adolescent Psychiatry residency programs.

Jay N. Giedd, MD

Jay N. Giedd, MD is a professor in the Department of Psychiatry at the University of California, San Diego (UCSD), and Director of the Division of Child and Adolescent Psychiatry at UCSD and Rady Children's Hospital—San Diego. In addition, he is an adjunct professor at Johns Hopkins School of Public Health in the Department of Family and Reproductive Medicine and at Fukui University, Japan. Over the past 26 years Dr. Giedd has combined brain imaging, genetics, and behavioral analysis to explore the path, mechanisms, and influences of brain development in health and illness. As one of the most highly cited neuroscientists of his generation, his over 250 scientific publications have had a transformative impact on medicine, psychology, education, judicial and public policy.



Luis Alejandro Nagy, PhD



Dr. Nagy is an International Certified Psychoanalyst in private practice with over 20 years of clinical and educational experience. He is an active member of the International Psychoanalytical Association, the American Psychoanalytic Association, the New Center for Psychoanalysis (California), and the Mexican Psychoanalytic Association. He is an international speaker and a clinical supervisor to other mental health professionals and to the media. His background helps him to empathize with the difficulties and challenges that immigrants and multicultural families experience.

Bonnie Goldstein, PhD, LCSW, MEd

Dr. Bonnie Goldstein is the Director of Lifespan Psychological Services, a center in Los Angeles offering collaborative treatment aiming to foster and heal relationships through the lens of Sensorimotor Psychotherapy, attachment theory, mindful awareness, and the dynamic interaction of group psychotherapy. She helps clients navigate through life's complexities by addressing developmental issues, family systems, grief and loss counseling for children and adults, and transitions-to-adulthood. Using a Sensorimotor Psychotherapy approach, she joins Dr. Pat Ogden and the team at the Sensorimotor Psychotherapy Institute in creating and adapting Sensorimotor Psychotherapy treatment modalities and interventions to treat child, adolescent and group populations. Her forthcoming book with Dr. Ogden (Norton Publishing) focuses on child, adolescent and adult group therapy from a Sensorimotor Psychotherapy perspective.





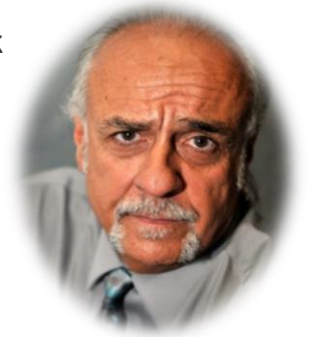
Vinny Ferraro

Vinny Ferraro is the Senior Trainer for Mindful Schools in Oakland, California, and his work was the subject of MTV's "If You Really Knew Me." He is a nationally recognized leader in designing and implementing mindfulness interventions for at-risk youth. In 1987, he began volunteering his time to be of service, and went on to help establish Dharma Punx in the mid 90's. In 2001, he became affiliated with Challenge Day, teaching emotional intelligence and other social skills, eventually becoming their Training Director and leading workshops for more than 100,000 youth. He then became the Training Director for the Mind Body Awareness Project, a non-profit that teaches meditation to the incarcerated. Vinny is a Guiding Teacher for Against the Stream, and for 14 years has led a Friday night meditation group in San Francisco. He doesn't like talking about himself in the third person.

Boys to Men (BTM) Community Mentoring Program

John Fojtik

John Fojtik, Program Manager, joined Boys to Men in June of 2014 as the Mentor Coordinator after volunteering as a mentor for two years. He also serves as a lead group facilitator for middle and high school groups in East County. Before Boys to Men, John was an attorney specializing in financial and estate planning, elder law, and business planning. He also served as a substitute teacher in LMSV School District for nine years.



Mark Anthony Hall



Mark Anthony Hall serves as a group facilitator and the Director of Diversity Outreach at Boys to Men Mentoring. He is the past Director of Blue Skies for Library Children in Chicago, IL, and served as a consultant for The Parenting Institute of Mt. Sinai Hospital. He created Entrepreneurship Education through Poetry and Children Reading Children, alternative education curricula designed for children. Mark worked with Northern Illinois University teaching educators how to emphasize entrepreneurship in their lesson plans. He is also a certified administrator of the Great Books Project and has worked with Junior Achievement throughout the public schools in Chicago. Mark is a writer and publisher of over 49 books.

Jose Garcia

Jose Garcia is a Senior Group Facilitator and Journeyman Coordinator for Boys to Men Mentoring, facilitating over ten groups a week. He assists with daily office operations, program initiatives and events, and also hosts their monthly podcast, "Behind Their Eyes," a behind-the-scenes look at Boys to Men. After being expelled from his high school for being involved in gang activities, Jose was first introduced to Boys to Men Network while at a continuation high school in 2013. While very skeptical at first, he soon began to open up and has since rededicated his life to providing the same mentorship that he received as a teenager to the boys who are now in the program.

