

3rd Annual Early Childhood Mental Health Conference:
Hidden In Plain Sight: Adolescent Identity and Brain Development



Distinguished Speakers:

Lisa Boesky, PhD



Dr. Lisa Boesky is a Clinical Psychologist, National Speaker, Expert Witness, Consultant, and Author of several books, including *When to Worry: How to Tell if Your Teen Needs Help—and What to Do About It*. She has been interviewed by Anderson Cooper, Bill O'Reilly, CNN, CNN International, Fox News, ABC News, CBS News, NPR, and in print by USA Today, US News & World Report, and People Magazine among others. Dr. Boesky specializes in Suicide among young people and has worked with challenging and dangerous youth in psychiatric hospitals and juvenile justice facilities. In addition to providing high-energy and content-filled presentations to professionals across the country, she consults on issues related to Suicide, and serves as an Expert Witness on legal cases related to Suicidal youth. Find out more at TroubledTeenExpert.com.

Jason Schweitzer, MD (photo coming soon)!

Dr. Schweitzer is a first year Child and Adolescent Psychiatry Fellow in the Community Track at the University of California, San Diego (UCSD). He worked in several not-for-profit agencies serving the Latino community in Boston, focusing on substance abuse treatment, peer group advocacy and non-profit administration and his work led him to complete a Master's degree in Social Work at Columbia University in New York, where he worked for several years in psychiatric settings. During medical school, he had the opportunity to work with the mental health team at Boston Healthcare for the Homeless through a grant from the Albert Schweitzer Foundation. As a graduating fourth year, he received the Leonard Tow Humanism in Medicine Award. Before fast-tracking to UCSD, he completed 3 years of adult psychiatry training at Harvard Longwood Psychiatry Residency Training Program, where he enjoying a dynamic learning environment, won an Outstanding Resident Teacher award from the Harvard Medical School student body in 2013, and was co-author on a paper describing the reverse co-location model of the integration of psychiatry and primary care medicine.

Gabrielle A. Carlson, MD



Dr. Carlson, professor of Psychiatry and Pediatrics at Stony Brook University since 1985, founded and directed the Division of Child and Adolescent Psychiatry until 2013. She trained at Cornell, Washington University- St. Louis, National Institutes of Mental Health and UCLA's Division of Child and Adolescent Psychiatry. Dr. Carlson has written over 250 papers and chapters on phenomenology and treatment of child and adolescent depression and bipolar disorder.

Dr. Carlson's awards include the APA's Ittleson Award for research, and McGavin Award for Prevention, AACAP's Virginia Q Anthony Outstanding Woman Leader award, and the American Psychopathological Association's Zubin Award, for her contributions to psychopathology research. Dr. Carlson is past president of the International Society for Research in Child and Adolescent Psychopathology, past chair of the American Academy of Child and Adolescent Psychiatry's Program Committee, just completed 3 years on the Academy's Council, and is now its president-elect.

Glen R. Elliott, PhD, MD

Dr. Elliott is a child and adolescent psychiatrist with over 30 years of working with children and adolescents who have severe psychiatric and behavioral disturbances that might respond to appropriate medications. In 2006, he authored *Medicating Young Minds: How to Know if Psychiatric Drugs Will Help or Hurt Your Child*. Before embodies his philosophy that “the decision to use or not to use medications is a serious one with both immediate and long-term implications, so parents need to be able to work closely with an expert to decide what is best for their child.” Beyond medications, he is an expert in diagnosing and treating ADHD, Autism Spectrum Disorder (ASD) and the related behavioral problems that often complicate lives of those with ASD, and anxiety and depression. Before joining Children's Health Council, Dr. Elliott was Director of the Children's Center at Langley Porter Psychiatric Institute, University of California, San Francisco for over 17 years. He also is Associate Training Director for the Stanford Child and Adolescent Psychiatry residency programs.



Jay N. Giedd, MD

Jay N. Giedd, MD is a professor in the Department of Psychiatry at the University of California, San Diego, and Director of the Division of Child and Adolescent Psychiatry at UCSD and Rady Children's Hospital-San Diego. In addition, he is an adjunct professor at Johns Hopkins School of Public Health in the Department of Family and Reproductive Medicine and at Fukui University, Japan. Over the past 26 years Dr. Giedd has combined brain imaging, genetics, and behavioral analysis to explore the path, mechanisms, and influences of brain development in health and illness. As one of the most highly cited neuroscientists of his generation, his over 250 scientific publications have had a transformative impact on medicine, psychology, education, judicial, and public policy.



Luis Alejandro Nagy, PhD

Dr. Nagy is an International Certified Psychoanalyst in private practice with over 20 years of clinical and educational experience. He is an active member of the International Psychoanalytical Association, the American Psychoanalytic Association, the New Center for Psychoanalysis (California), and the Mexican Psychoanalytic Association. He is an international speaker and a clinical supervisor to other mental health professionals and to the media. His background helps him to empathize with the difficulties and challenges that immigrants and multicultural families experience.





Dr. Bonnie Goldstein, LCSW, EdM, PhD

Dr. Bonnie Goldstein is the director of Lifespan Psychological Services, a center in Los Angeles offering collaborative treatment aiming to foster and heal relationships through the lens of Sensorimotor Psychotherapy, attachment theory, mindful awareness, and the dynamic interaction of group psychotherapy. She aims to help clients navigate through life's complexities by addressing developmental issues, family systems, grief and loss counseling for children and adults, and transitions-to-adulthood. Using a Sensorimotor Psychotherapy approach to working with children, adolescents, and families, she joins Dr. Pat Ogden and the curriculum team at the Sensorimotor Psychotherapy Institute in creating and adapting Sensorimotor Psychotherapy treatment modalities and interventions to treat child, adolescent and group populations. Her forthcoming book with Dr. Ogden (Norton) focuses on child, adolescent and adult group therapy from a Sensorimotor Psychotherapy perspective.

Vinny Ferraro

Vinny Ferraro is on the Senior Faculty for Mindful Schools in Oakland, CA, and is also the Guiding Meditation Teacher for Against the Stream Meditation Society, San Francisco. His experience includes teaching emotional intelligence and mindfulness workshops, to more than 100,000 youth, and the adults that work with them. Vinny focuses his efforts on working with high risk and incarcerated populations. He has received national media coverage for his work with adolescents; he is the subject of the MTV series "If You Really Knew Me..." In addition to his work with youth, Vinny teaches mindfulness retreats to adults around the U.S. and the world.



Boy to Men Community Mentoring Program

Info and photo coming soon!